

Group Schedule - Woburn Summer 2026
Athlete (MS/HS/Col) Summer Session - June 22nd thru August 27th (Closed July 4th)
All Classes are 60 minutes

Middle School

2-day program \$659

2-Day (M/W or T/Th)

*Charged seasonally

High School

2-day program \$659

4-day program \$1,295

2-Day (M/W or T/Th), 4-Day (M-Th)

*Charged seasonally

College

4-day program \$1,295

4-Day (M-Th)

*Charged seasonally

Adult

2-day program \$239

3-day program \$339

*Rolling admission, charged monthly

Monday	Tuesday	Wednesday	Thursday	Fri	Sat
<u>Middle School 2 Day</u> 10:00AM, 11:00AM, 11:15AM, 11:30AM, 4:00PM, 4:30PM, 5:30PM	<u>Middle School 2 Day</u> 10:00AM, 11:15AM, 11:30AM, 11:45AM, 2:00PM, 4:00PM, 4:30PM, 5:30PM	<u>Middle School 2 Day</u> 10:00AM, 11:00AM, 11:15AM, 11:30AM, 4:00PM, 4:30PM, 5:30PM	<u>Middle School 2 Day</u> 10:00AM, 11:15AM, 11:30AM, 11:45AM, 2:00PM, 4:00PM, 4:30PM, 5:30PM		
<u>High School 4 Day</u> 6:00AM, 7:15AM, 7:30AM, 8:30AM, 3:00 PM, 5:00PM	<u>High School 4 Day</u> 6:00AM, 7:15AM, 7:30AM, 8:30AM, 3:00 PM, 5:00PM	<u>High School 4 Day</u> 6:00AM, 7:15AM, 7:30AM, 8:30AM, 3:00 PM, 5:00PM	<u>High School 4 Day</u> 6:00AM, 7:15AM, 7:30AM, 8:30AM, 3:00 PM, 5:00PM		
<u>High School 2 Day</u> 9:45AM, 10:15AM, 10:30AM, 12:30PM, 3:30PM, 4:15PM, 6:30PM	<u>High School 2 Day</u> 9:15AM, 9:45AM, 10:15AM, 10:30AM, 10:45AM, 12:30PM, 3:30PM, 6:30PM	<u>High School 2 Day</u> 9:45AM, 10:15AM, 10:30AM, 12:30PM, 3:30PM, 4:15PM, 6:30PM	<u>High School 2 Day</u> 9:15AM, 9:45AM, 10:15AM, 10:30AM, 10:45AM, 12:30PM, 3:30PM, 6:30PM		
<u>College 4 Day</u> 6:00 AM, 8:45AM, 9:30AM, 6:30 PM	<u>College 4 Day</u> 6:00 AM, 8:45AM, 9:30AM, 6:30 PM	<u>College 4 Day</u> 6:00 AM, 8:45AM, 9:30AM, 6:30 PM	<u>College 4 Day</u> 6:00 AM, 8:45AM, 9:30AM, 6:30 PM		

*Athlete classes do fill up and times subject to change based on demand. For the most up to date availability, see our registration page.

(www.bodybyboyle.com/sign-up)

See Page 2 for Adult Schedule



Monday	Tuesday	Wednesday	Thursday	Fri	Sat
<u>Adult</u> 5:15AM, 5:30AM, 5:45AM, 6:15AM, 6:30AM,7:00AM, 7:45AM, 9:00AM, 9:15AM, 11:45AM, 12:00PM 5:45PM, 6:00PM, 6:15PM	<u>Adult</u> 5:15AM, 5:45AM, 6:15AM, 7:45AM, 9:00AM 12:00PM, 5:45PM, 6:00PM, 6:15PM	<u>Adult</u> 5:15AM, 5:30AM, 5:45AM, 6:15AM, 6:30AM, 7:00AM, 7:45AM, 9:15AM, 9:00AM, 11:45AM, 12:00PM 5:45PM, 6:00PM, 6:15PM	<u>Adult</u> 5:15AM, 5:45AM, 6:15AM, 7:45AM, 9:00AM 12:00PM, 5:45PM, 6:00PM, 6:15PM	<u>Adult</u> 5:15AM, 5:30AM, 5:45AM, 6:15AM, 6:30AM, 7:00AM, 7:45AM, 9:10AM, 9:15AM, 11:45AM, 12:00PM 5:45PM	<u>Adult</u> 8:00AM, 8:30AM, 9:00AM, 10:00AM

*Register online. Adults are below athletes on the registration page (www.bodybyboyle.com/sign-up)

*Adult classes may have holiday hours July 4-6 and Saturday classes subject to change, check the app for availability