



Middleton

Group Schedule - Winter 2026

December 1st- March 14th

(no athlete class Christmas Break (12/24/25-1/1/26) February Break (2/15/26-2/22/26))

Middle School - 60 minutes

2-day program \$649

3-day program \$849

*Charged seasonally, prorated by week

High School - 60 minutes

2-day program \$649

3-day program \$849

*Charged seasonally, prorated by week

Adult - 60 minutes

2-day program \$239

3-day program \$339

*Rolling admission, charged monthly

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Adult AM 5:45AM, 6:15AM, 9:00AM	Adult AM 6:15AM	Adult AM 5:45AM, 6:15AM, 9:00AM	Adult AM 6:15AM	Adult AM 5:45AM, 9:00AM	Adult AM 8:00AM
Adult PM 5:45PM, 6:15PM	Adult PM 4:45PM	Adult PM 5:45PM, 6:15PM	Adult PM 4:45PM	Adult PM 5:45PM	
Middle School 3:45PM, 4:15PM, 4:30PM, 4:45PM, 5:15PM, 5:30PM	Middle School 3:45PM, 4:15PM, 4:30PM, 5:15PM, 5:30PM, 5:45PM	Middle School 3:45PM, 4:15PM, 4:30PM, 4:45PM, 5:15PM, 5:30PM	Middle School 3:45PM, 4:15PM, 4:30PM, 5:15PM, 5:30PM, 5:45PM	Middle School 4:30PM, 5:00PM	
High School 3:15PM, 3:30PM, 4:00PM, 5:00PM 6:00PM	High School 3:15PM, 3:30PM, 4:00PM, 5:00PM, 6:00PM	High School 3:15PM, 3:30PM, 4:00PM, 5:00PM 6:00PM	High School 3:15PM, 3:30PM, 4:00PM, 5:00PM, 6:00PM	High School 3:30PM, 4:00PM	High School 9:00AM

*Times subject to change. Always check www.bodybyboyle.com/sign-up for current offerings

*Closed for all groups pm 12/24, 12/31 and 12/25, 1/1. *Adults check the app for holiday offerings