

**Woburn Adult Schedule \*valid September 3<sup>rd</sup> -June 15<sup>th</sup>**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 5:15AM 5:30AM 5:45AM 6:15AM 6:30AM 7:00AM 7:45AM 9:15AM  11:30AM	Morning 5:15AM 5:45AM 6:15AM 7:45AM 9:00AM  12:00PM	Morning 5:15AM 5:30AM 5:45AM 6:15AM 6:30AM 7:00AM 7:45AM 9:15AM	Morning 5:15AM 5:45AM 6:15AM 7:45AM 9:00AM  12:00PM	Morning 5:15AM 5:45AM 6:15AM 6:30AM 6:45AM 7:45AM 9:00AM  11:30AM	Morning 8:00AM 8:30AM 9:00AM
Evening 6:00PM 6:15PM	Evening 5:45PM 6:00PM 6:15PM	Evening 6:00PM 6:15PM	Evening 5:45PM 6:00PM 6:15PM	Evening 5:45PM	

**Middleton Adult Schedule \*valid September 3<sup>rd</sup> -June 15<sup>th</sup>**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Morning 5:45AM 6:15AM 6:00AM 9:00AM	Morning 5:45AM 6:15AM	Morning 5:45AM 6:15AM 6:00AM 9:00AM	Morning 5:45AM 6:15AM	Morning 5:45AM 9:00AM	Morning 8:00AM
Evening 5:45PM 6:15PM	Evening 4:45PM	Evening 5:45PM 6:15PM	Evening 4:45PM	Evening 5:45PM	

\*We are closed 11/27/24 pm-12/1/24. 12/25/24, 12/26/24, 12/31/24 pm, 1/1/25, 5/24/25, 5/26/25. Holiday classes may be available **Current Members-Always check the app for updates on available times.**

**Adult - 60 minutes**  
**2-day program \$239**  
**3-day program \$339**

\*Rolling admission, charged monthly