

Group Schedule - Woburn Summer 2023

Athlete (MS/HS/Col) Summer Session-June 17th-August 22nd (Closed July 4th-6th)

All Classes are 60 minutes

| <u>Middle School</u> 2-day program \$649 | High School 2-day program \$649 4-day program \$1,295 2-Day (M/W or T/Th), 4-Day (M-Th) *Charged seasonally | | <u>College</u> 4-day program \$1,295 | <u>Adult</u> 2-day progr | am \$199 |
|---|---|---|---|---|----------|
| 2-Day (M/W or T/Th) *Charged seasonally | | | 4-Day (M-Th) *Charged seasonally | 3-day program \$299 *Rolling admission, charged monthly | |
| Monday | Tuesday | Wednesday | Thursday | Fri | Sat |
| <u>Middle School 2 Day</u> 10:00AM, 11:00AM, 11:15AM, 11:30AM, 2:00PM, 4:00PM, 4:30PM, 5:30PM | <u>Middle School 2 Day</u> 10:00AM, 11:15AM, 11:30AM, 2:00PM, 4:00PM, 4:30PM | <u>Middle School 2 Day</u> 10:00AM, 11:00AM, 11:15AM, 11:30AM, 2:00PM, 4:00PM, 4:30PM, 5:30PM | <u>Middle School 2 Day</u> 10:00AM, 11:15AM, 11:30AM, 2:00PM, 4:00PM, 4:30PM | | |
| <u>High School 4 Day</u> 6:00AM, 7:15AM, 9:15AM, 9:45AM, 3:00 PM | High School 4 Day 6:00AM, 7:15AM, 9:15AM, 9:45AM, 3:00 PM | High School 4 Day 6:00AM, 7:15AM, 9:15AM, 9:45AM, 3:00 PM | High School 4 Day 6:00AM, 7:15AM, 9:15AM, 9:45AM, 3:00 PM | | |
| <u>High School 2 Day</u> 10:15AM, 10:30AM, 10:45AM, 12:30PM, 3:30PM, 4:15PM, 5:00PM, 6:30PM | <u>High School 2 Day</u> 10:15AM, 10:30AM, 10:45AM, 12:30PM, 3:30PM, 4:15PM, 5:00PM, 6:30PM | <u>High School 2 Day</u> 10:15AM, 10:30AM, 10:45AM, 12:30PM, 3:30PM, 4:15PM, 5:00PM, 6:30PM | <u>High School 2 Day</u> 10:15AM, 10:30AM, 10:45AM, 12:30PM, 3:30PM, 4:15PM, 5:00PM, 6:30PM | | |
| <u>College 4 Day</u> 6:00 AM, 8:45AM, 6:30 PM | <u>College 4 Day</u> 6:00 AM, 8:45AM, 6:30PM | <u>College 4 Day</u> 6:00 AM, 8:45AM, 6:30PM | <u>College 4 Day</u> 6:00 AM, 8:45AM, 6:30 PM | | |

*Athlete classes do fill up and times subject to change based on demand. For the most up to date availability, see our registration page.

(www.bodybyboyle.com/sign-up)

See Page 2 for Adult Schedule



| Monday | Tuesday | Wednesday | Thursday | Fri | Sat |
|------------------|------------------|------------------|------------------|-----------------|--------------|
| <u>Adult</u> | <u>Adult</u> | Adult | <u>Adult</u> | <u>Adult</u> | <u>Adult</u> |
| 5:15AM, 5:30AM, | 5:15AM, 5:45AM, | 5:15AM, 5:30AM, | 5:15AM, 5:45AM, | 5:15AM, 5:30AM, | 8:00AM, |
| 5:45AM, 6:15AM, | 6:15AM, 7:45AM, | 5:45AM, 6:15AM, | 6:15AM, 7:45AM, | 5:45AM, 6:15AM, | 9:00AM, |
| 6:30AM, 6:45AM, | 9:00AM | 6:30AM, 6:45AM, | 9:00AM | 6:30AM, 6:45AM, | |
| 7:45AM, 9:00AM, | | 7:45AM, 9:00AM, | | 7:45AM, 9:00AM, | |
| 11:45AM | 12:00PM, 5:45PM, | 11:45AM | 12:00PM, 5:45PM, | 11:45AM | |
| | 6:00PM, 6:15PM | | 6:00PM, 6:15PM | | |
| 12:00PM, 5:45PM, | | 12:00PM, 5:45PM, | | 12:00PM, 5:45PM | |
| 6:00PM, 6:15PM | | 6:00PM, 6:15PM | | | |

*Register online. Adults are below athletes on the registration page (<u>www.bodybyboyle.com/sign-up</u>)

*Adult classes may have holiday hours July 4-6, check the app for availability